Words and Explanations

agility (uh JIHL uh tee) Someone with agility moves with speed and skill.

appease (uh PEEZ) When you appease people, you give them what they want to stop them from being angry.

devour (dih VOWR) If you devour something, you eat it eagerly and quickly.

disconcerting (DIHS kuhn SURT ihng) When something is disconcerting, it is disturbing because it seems odd.

dogged (DAWG ihd) Someone who is dogged is determined to do something even if it is very difficult.

livid (LIHV ihd) People who are livid are extremely angry.

palatable (PAL uh tuh buhl) Food that is palatable is acceptable to eat but not delicious.

protrude (proh TROOD) If something protrudes, it sticks out.

repugnant (rih PUHG nuhnt) If something is repugnant to you, you dislike it so much that it disgusts you.

voracious (vuh RAY shuhs) If you have a voracious appetite, you are extremely hungry and can hardly be satisfied.

Words have the power to both destroy and heal.

When words are both true and kind, they can change our world.

—Siddhartha Gautama